

# Diabetes Education at Ramsay Health Plus



## Diabetes Education at Ramsay Health Plus

Diabetes education is an important aspect of care and is provided at Ramsay Health Plus by a Credentialed Diabetes Educator (CDE). Complementing the clinical and health care support provided by GP's, CDEs assist people with diabetes and those at risk of developing diabetes by empowering them to effectively self-manage their care and treatment of their diabetes or pre-diabetes. The CDE's at Ramsay Health Plus are Clinical Nurse Specialists.

### What is a CDE?

A CDE is a health professional who has been recognised by the Australian Diabetes Educators Association (ADEA) for their specialist knowledge and professional development in the field of diabetes education.

Recognition as a CDE is ADEA's assurance to people with or at risk of diabetes, their families, carers and health care providers that they can expect to receive quality diabetes education and advice when consulting with a CDE. CDEs must demonstrate ongoing participation in professional development within the

specialty of diabetes education in accordance with the ADEA Credentialling and Re-Credentialling Program to gain and maintain recognition as a CDE yearly.

A CDE is recognised by:

- Medicare Australia
- Department of Veterans' Affairs and
- Some private health insurers as the providers of diabetes education

### Patients who would benefit from this service include patients with

- Pre-diabetes
- Type 1 diabetes
- Type 2 diabetes
- Unstable diabetes
- Insulin pumps

The service will also benefit those requiring;

- Insulin initiation/commencement
- Change in diabetes medication

### Hollywood Private Hospital

Entrance 6, Verdun Street,  
Nedlands WA 6009

Ph: 08 9346 6932 Fax: 08 9346 7035

rhp.hollywood@ramsayhealth.com.au

[ramsayhealthplus.com.au](http://ramsayhealthplus.com.au)

## Patient education can include:

- What is diabetes
- Self-monitoring of blood glucose
- Medications: tablets and insulin
- Diet and exercise
- Commencing insulin
- Hypoglycaemia/hyperglycaemia
- Sick day management
- Individual needs
- Self-management skills and goal setting

- Visa, MasterCard, EFTPOS
- Chronic Disease Management (CDM)/Team Care Arrangement (TCA) accepted. A gap fee is payable for this service
- Check with private health insurer if covered for diabetes education

## Additional details

If you are interested to learn more about this service, please call us on **08 9346 6932**

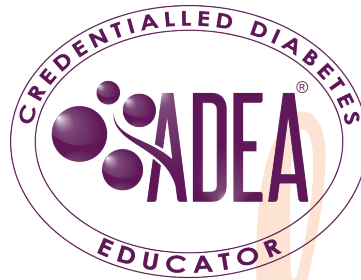
## Referrals

A referral is not required, however, a Chronic Disease Management Plan addressed to Ramsay Health Plus is preferred so that patients can receive a Medicare rebate.

Referrals can be emailed to [rhp.hollywood@ramsayhealth.com.au](mailto:rhp.hollywood@ramsayhealth.com.au) or mailed to the address below.

## Fees and rebates

The Ramsay Health Plus clinic accepts the following payments for our diabetes education service:



plus

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