

# Room Service Menu

## Introducing the Hollywood Private Hospital Room Service Menu

Available to patients and boarders. All meals are freshly prepared using produce and ingredients sourced locally from West Australian or Australian suppliers where possible

Dial 6666 from your room phone or 9346 6666 from your personal phone and speak to our friendly Menu Room staff to place your order

We strive to have your meal delivered within 60 minutes of ordering

We understand that often medications need to be taken with your meals. If you require medication with your meal, please inform your nurse when your meal arrives.



**ORDERING TIMES**  
**06:30 – 18:45**

# Breakfast Menu

**Cereals** Please order condiments separately  
Weetbix, Cornflakes, Rice Bubbles, Special K, All Bran, Sultana Bran, homemade granola, porridge, semolina, chicken rice porridge  
Weetbix (GF), Cornflakes (GF), Rice Bubbles (GF)

**Milk**  
full cream, hilo, soy, almond, lactose free

**Yoghurts**  
strawberry (*low fat*), vanilla, banana honey, natural, dairy free

**Bread / Toast** Please order condiments separately  
white, wholemeal, fruit  
white (GF)

**Bakery**  
blueberry muffin, chocolate muffin, croissant, chocolate croissant, warm pikelets with maple syrup

**Spreads & Sweeteners**  
butter, margarine, marmalade, jam, vegemite  
maple syrup, honey, sugar, equal

**Fruit**  
apple, orange, banana, prunes, fresh fruit salad

**Juices**  
apple, orange, pineapple, prune, tomato

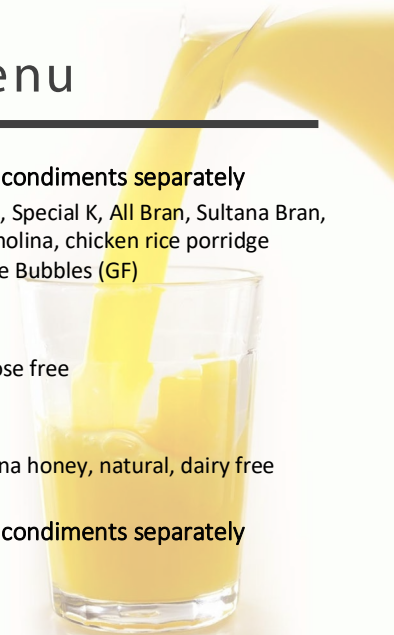
# Hot Breakfast Menu

Available 06:30-09:30

**Eggs** – All well-cooked per Health Department Requirements  
scrambled, poached, boiled, fried

**Options**  
bacon, grilled tomato, baked beans, sauteed mushrooms, hash brown

**Omelette** choose from  
Plain, ham cheese tomato **OR** spinach mushroom & cheese



# Snack Items and Drinks

**Snacks**  
cheese & crackers, chocolate muffin, blueberry muffin, creamed rice, yoghurt – full cream or low fat, diced fruit cup, pureed fruit cup, fresh fruit salad

**Drinks**  
lemonade, diet lemonade, dry ginger ale, soda water, orange juice, apple juice

**Hot Drinks**  
long black, flat white, cappuccino, latte, hot chocolate, mocha, black tea, peppermint tea, green tea, earl grey tea, hot milk, sugar, equal, honey



# Lunch & Dinner Menu

## Soups

homemade soup of the day, leek & potato, pumpkin, clear broths – *vegetable, chicken, beef*

## Salads

Fresh Garden Salad – *lettuce, tomato, cucumber, beetroot, carrot, olives, boiled egg, red onion*

Classic Caesar Salad – *cos lettuce, egg, bacon, croutons, parmesan, caesar dressing*

Add to any salad – *chicken breast, smoked salmon, haloumi or brie*

## Sandwiches *Fresh or Toasted*

Ham, cheese & tomato

Chicken, avocado, sun dried tomato

Curried egg and lettuce

Sandwich of the day

Vegetarian sandwich of the day

## Burgers & Steak Sandwich

All made with – *tomato, onion, lettuce, tomato sauce, mayonnaise*

Burgers on toasted sesame bun & choice of – *chicken schnitzel, Angus beef, haloumi*

Steak sandwich on Turkish bread with onion Jam

## Pizza *Artisan base with GF option*

Hawaiian – *ham, cheese, pineapple*

BBQ – *chicken, capsicum, onion, cheese BBQ sauce*

Vegetarian – *tomato, capsicum, olives, mushroom, cheese*

## Stuffed Jacket Potato

Filling options – *butter, sour cream, cheese, baked beans, ham, chicken, tuna, bacon, chilli beef, tomato, mushroom, onion, avocado, pineapple*

## Condiments

Spreads – *margarine, butter, vegemite, honey, jam, marmalade*

Sauces – *tomato, BBQ, tartare, sweet chilli*

Dressings – *French, balsamic, lemon and olive oil*

Other – *sour cream, mustard, lemon wedge*

# Lunch & Dinner Menu

## Favourites

**Chefs Daily Specials** – *please ask your operator*

Meat Options – *battered fish, cottage pie, chicken parmigiana, thai green chicken curry, beef sausages*

Vegetarian Options – *spinach mushroom cheese OR plain omelette, vegetable lasagne, mac & cheese, thai green tofu curry*

## From the Wok

stir-fry vegetables in asian style sauce or vegetable fried rice  
(*add beef, chicken or tofu to either*)

## Pasta & Sauces

Pasta options – *spaghetti, penne, GF*

Sauce options – *traditional bolognese, chicken & mushroom, puttanesca (V)*

*Parmesan cheese*

## From the Grill - Available from 16:00 hrs

chicken breast, porterhouse steak, fillet of salmon, rack of lamb

## Sides

potato wedges, sweet potato wedges, chips, mashed potato, minted potatoes, roast pumpkin, steamed rice, peas & corn, broccoli, stir fry vegetables, steamed mix vegetables, side salad, bread/roll (*white or wholemeal*)

## Sauces

mushroom, green peppercorn, red wine jus, white wine, basil pesto, herb tomato, olive oil & lemon, hollandaise, gravy

## Desserts

dessert of the day, fresh fruit salad, ice cream, light ice cream, jelly, light jelly, sorbet, mousse – chocolate, vanilla, strawberry, custard, vanilla panna cotta, baked cheesecake (*raspberry or passionfruit*)

AVAILABLE FROM MIDDAY

ORDERING TIMES

12:00 – 18:45

DIAL 6666 or 9346 6666

# Special Diet Menu

## Clear & Full Fluids

you will be provided a selection of suitable fluids at each meal

## Light

clear broths – *chicken, beef, vegetable*

pumpkin soup, omelette, grilled chicken / steak / fish,

mashed potato / pumpkin / carrot/ zucchini,

vanilla panna cotta, stewed fruit & custard, vanilla ice cream

mousse - chocolate, vanilla, strawberry

## Soft *served with soft vegetables*

casserole of the day, mac & cheese, pasta bolognese, tomato pasta,

cottage pie, fish pie, lentil & sweet potato pie,

scrambled eggs (breakfast only)

## Minced Moist Meals

roast chicken, roast pork,

roast lamb, roast beef,

shepherd's pie, grilled salmon,

scrambled egg, vegetable ratatouille

## Pureed Meals

roast chicken, roast pork,

roast lamb, roast beef,

shepherd's pie, grilled salmon,

vegetable ratatouille,

moroccan chickpea curry,

puree scrambled eggs

## Sauces

gravy, green peppercorn, herbed tomato, mushroom, butter curry,

green curry, white

## Vegetables

carrot, cauliflower, pumpkin, peas, broccoli, mashed potato

## Dessert

vanilla panna cotta, mousse – chocolate, vanilla, strawberry

If you are on a special diet for medical or religious reasons, some meal items may not be suitable.

Our Menu Room staff will advise you of suitable options to meet your dietary needs