



Rehabilitation Services

Your Progress

Should you or your family wish to discuss your progress with a member of your rehabilitation team please talk to your nurse or the Clinical Nurse Manager to arrange an appointment.

If your mobility permits and you are medically stable the rehabilitation team encourages family and friends to take you on outings while you are in the unit. To arrange and confirm outings please discuss this with your doctor or nurse.

Your Discharge

Your rehabilitation team will work with you to provide a smooth transition from hospital back into the community. We trust your stay in our rehabilitation unit will be enjoyable and beneficial, and we look forward to assisting you in your rehabilitation.

Visiting Hours

11am-8pm

Rehabilitation Unit Contact Details

Clinical Nurse Manager: 08 9346 6903

Ward Secretary, East Wing: 08 9346 6902 / 6903

Ward Secretary, West Wing: 08 9346 6922 / 6923

WE ARE LOCATED HERE



A multi storey visitors car park is located off Gate 5 on Monash Avenue

Hollywood Private Hospital

Monash Avenue

Nedlands 6009

Western Australia

Phone 08 9346 6000

www.hollywoodprivatehospital.com.au

HOLLYWOOD
PRIVATE HOSPITAL

HPHEDW072015

Rehabilitation Care
on Hughie Edwards Ward



AMAZING HEALTHCARE

HOLLYWOOD
PRIVATE HOSPITAL



Welcome to Rehabilitation Care

Our purpose built 40 bed rehabilitation unit offers accommodation in single rooms and a limited number of two bed rooms. All rooms have ensuite facilities. A large modern gymnasium is designed for rehabilitation physiotherapy under the guidance of the physiotherapy team, and a home environment activity room is available to provide you with opportunities to carry out self care domestic activities with supervision from our occupational therapy staff.

The multi-disciplinary team in the unit consists of:

- nursing staff;
- physiotherapists;
- occupational therapists;
- other allied health staff (dietician, speech therapist, social worker);
- domestic and clerical staff;
- physicians specialising in rehabilitation;
- medical officers.



Admission Information

During your admission to the unit your rehabilitation goals will be formulated by the appropriate team members in discussion with yourself, and then documented. A rehabilitation plan will be put in place to assist in improving your level of independence and functional recovery, ultimately working towards your discharge.

A number of factors determine your length of stay in the rehabilitation unit including your ongoing ability to participate in the program, the improvements you are able to make, and the support available when you are discharged.

Throughout your stay in the rehabilitation unit, the role of the team is to encourage you to be as independent as possible in all aspects of your program. Your ability and willingness to participate in the program is essential as it directly relates to your rehabilitation progress.

The rehabilitation team meets weekly to review your progress. The aim of these meetings is to confirm that you are achieving your rehabilitation goals in the established time frame. These reviews are to determine whether your progress is appropriate for continuing with a rehabilitation program on Hughie Edwards ward or whether care in another of the hospital's wards or at another facility would better meet your needs.

Rehabilitation Requirements

A number of factors will enhance and support your rehabilitation progress. These include:

Your Own Day Clothes

Wearing normal day clothes assists in your general wellbeing, rehabilitation and comfort, especially when attending the dining room for meals. Loose fitting clothing, such as long track suit pants, are required for physiotherapy sessions and for general exercise. Walking shoes are required as they provide you with support and protection.

Please ensure that all items of clothing are clearly labelled. Your family members or friends will need to arrange to take care of the laundering of your clothing.

Therapy Sessions

Attendance is essential at your planned rehabilitation therapy sessions (individual and/or group). Rehabilitation is a continuous process. You will be encouraged to practice skills taught during your therapy sessions throughout the day.

Please ensure you are able to attend these sessions. This may mean advising visitors not to visit during the times you will be attending sessions.

Daily routine and meals

An important part of the daily routine in the rehabilitation unit is for you to be out of bed during the day time (i.e. sitting in a chair) and attending your therapy sessions. Breakfast will be served in your room while lunch and evening meals will be served in the dining room.